

**Congratulations,** you are either pregnant or considering a pregnancy! We at Diablo Valley Perinatal Associates are excited for you and family.

Your obstetrical care provider (physician, midwife or nurse practitioner) has referred you to Diablo Valley Perinatal Associates for one or more services that require subspecialty perinatal expertise.

Most commonly, women are referred to our office for:

- Ultrasound exams
- Screening/diagnostic tests of your developing baby to verify his/her health.
- Genetic counseling
- Assistance with managing a complex medical problem or pregnancy complication
- Monitoring fetal growth
- Antenatal testing

While most people do not consider the risk before undertaking a pregnancy, every pregnancy is at risk for complications. These include fetal complications such as genetic, chromosomal, anatomic structural abnormalities or growth abnormalities and maternal complications such as hypertensive disorders, diabetes and autoimmune diseases (to name just a few).

While the internet is a great resource, it can be a difficult place to find accurate, reliable information about the topics listed above. As a result, we encourage you to visit our web site: www.diablovalleyperinatal.com before your appointment. Once there, you will find valuable information about screening vs diagnostic testing, chromosome analysis vs microarray testing and the role of a perinatologist in your obstetrical care.

We look forward to welcoming you to our office and hope your pregnancy is an uncomplicated, healthy experience you will cherish for the rest of your life.

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